



Unit Outline (Higher Education)

Institute / School:	Institute of Health and Wellbeing
Unit Title:	Physiotherapy Applications Across the Lifespan
Unit ID:	NHPPS3015
Credit Points:	15.00
Prerequisite(s):	(NHPPS2024 and NHPPS2124 and NHPPS2224)
Co-requisite(s):	Nil
Exclusion(s):	Nil
ASCED:	061701

Description of the Unit:

This unit is designed to enable students to assess clients, and develop and implement physiotherapy intervention strategies for common conditions encountered across the lifespan. Continuity, change and the effect of injury and pathology are considered with respect to paediatrics, men's and women's health, chronic disease, gerontology and palliative care. This unit contains 6 hours Professional Experience Placement

Grade Scheme: Graded (HD, D, C, P, MF, F, XF)

Work Experience:

No work experience

Placement Component: Yes - 1 days

Supplementary Assessment: Yes

Where supplementary assessment is available a student must have failed overall in the Unit but gained a final mark of 45 per cent or above, has completed all major assessment tasks (including all sub-components where a task has multiple parts) as specified in the Unit Description and is not eligible for any other form of supplementary assessment.

Course Level:

Level of Unit in Course	AQF Level of Course					
	5	6	7	8	9	10
Introductory	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Level of Unit in Course	AQF Level of Course					
	5	6	7	8	9	10
Intermediate	■	■	■	■	■	■
Advanced	■	■	✓	■	■	■

Learning Outcomes:

Knowledge:

- K1.** Discuss the aetiology, pathophysiology, and the medical and allied health management of common conditions encountered across the lifespan
- K2.** Examine and explain the importance of managing health throughout the stages of pregnancy
- K3.** Identify and describe the structure (anatomy) and function (physiology) of the pelvic region

Skills:

- S1.** Identify and explain potential assessment strategies and management plans for chronic conditions across the lifespan
- S2.** Demonstrate safety and competence in the application of selected physiotherapy assessment and treatment techniques

Application of knowledge and skills:

- A1.** Apply the process of typical development and/or healthy ageing across the lifespan and relate these to the practice of physiotherapy
- A2.** Apply core concepts of physiotherapy practice including physiotherapy assessment, treatment techniques, and professional reasoning

Unit Content:

This unit will review health through the lifespan with a focus on physiotherapy. Topics may therefore include the following: Paediatrics – normal growth and development Spina Bifida Intellectual Impairment Autism Cerebral Palsy (CP) and Acquired Brain Injury (ABI) including Assessment and Management Muscular Dystrophy and other Dystrophies Ageing and Adulthood Incontinence & Pelvic Floor Dysfunction Lymphedema, Breast and gynaecological issues Physiotherapy for the Childbearing Year, Exercise for women across the lifespan Men’s Health Palliative care Falls, balance and mobility in older persons Drug therapy and the elderly Motivational Interviewing

Learning Task and Assessment:

Learning Outcomes Assessed	Assessment Tasks	Assessment Type	Weighting
K1, K2, S1, A1, A2	Tutorial participation and collaborative learning	Participation & resource contribution	5-20%
K1, K2, S2, A2	Written task covering the physiotherapy involvement of a condition covered in the unit	Written Assignment	20-30%
K1, K3	Anatomy quiz	Quiz	S-U
S1, S2, A2	Practical demonstration of a group exercise class	Practical Assessment	10-30%
K1, K2, K3, S1, A1, A2	Written examination covering all learning outcomes.	Written Final Examination	30-50%

Adopted Reference Style:

APA ()

Refer to the [library website](#) for more information

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